

5 f h] [c g

B U E i UfYga U ei Y]b]W]Ua cgžci j]a cga i]hc ZU'Uf XY 'Y' a žYga c`UY dYb]h.bW]U" C ei Y'Yghz 'hf' d`]W' dfzh]W]ZUn'dcf'b]Gg'bYghY'hYa dc'XY'dfYdUfU, -c'dUfU'U'DzghV%U3

Objetivo do ser humano



5dfYbXYa cg bc W]hYW]ga c ei Y c cV'Yh]j c Xc \ca Ya bYghU HYffU f. ÍV%b\YWfžUa Uf Y gYfj]f U 8 Yi g Yža YX]UbhY]ggcž U'W]b, Uf gi U gU'j U, -c' " C ei Y a i]hUg j YnYg Ygei YW'a cg f ei Y bcggU ZY']W]XUXY Yghz j]bW' `UXU U YggY cV'Yh]j c"

8 Yi g bcg W]ci dUfU ei YžUc gYi gYfj], cžhYb\Ua cg bcggU bYW'gg]XUXY XY 5Vgc`i hc UYbX]XU" 5Z]bUž 9`Y f c • b]V% =bZ]b]hcž dc]g hcXUg Ug XYa U]g V%]gUg dUggUa Y bcg Zfi ghfUa "

Dcf fa žV%a c c gYf \i a Ubc f i a gYf]bV%bghUbhYža i]hUg j YnYg Y`Y gY UdY[U U VYbg a UHYf]U]gž hcfbUbXc!gY j]` Y]bZY`n bc dfcW'ggc" 9`Y dcXYž]bWi gj Yž hcfbUf!gY W] c XY hUbc UdY[c Y dUfUf XY XUf UYb, -c { [fU, U XY 8 Yi g" =ghc dcXY `Y dfcdcfW]cbUf i a VYa]bghUbh] bYcžhYa dcfU`ža Ug ei UbXc YghU cj YfXcgY dUggUfž U fYggUW] Y Zfi ghfU, -c `Y gYf -c]a YbgUg"

7ca c]bhi]hc XY Yj]hUf YghY a Yga c dfcW'ggc dY`c ei U' dUggci c :]`c Df]X][cžXY dfYW]gUf V%a Yf Ug Vc`chUg Xcg dcfV%g dUfU gY XUf V%bhU XY V%a c gYi DU] YfU Vca ž U GUbhU = [fY`U]bgh]hi] U [i a Ug cVfUg XY W]f]XUXY ei Y bcg ZUnYa ZcW]f bc ei Y fYU'a YbhY]a dcfhU" 9`Ug'g-c`UYga c`Užc`Y' a `Y`U'dYb]h.bW]U"

A Esmola

%#

5 f h] [c g

I a Xcg [fUbXYga Ui g XU \i a Ub]XUXY gYa dfY Zc] Y gYfz U [Ub | bWU" C XYgY^c dY^c WtbZcfhc Y i l c ei Y c X]b\Y]fc Wta dfUgYa dfY gYfz i a gYbh]a Ybhc UfXYbhY" 9^Y dcXY b~c gYf^i a ^a U^Ya ^g]a Yga cza UgZUW^a YbhY^gY^hcfbU^Uj UfYnUzY [c tga c Y^]b^ gh], U"

5 GUbHU A ~Y =[fY^Uz dUfU^Ya VfUF Ucg \ca YbgYa i ^\YfYg ei Y bcggc XYgh]bc b~c f YghU hYffUza Ug c 7fi žY ei Y c X]b\Y]fc f i a [h]a c YgWUj cza Ug dfgg]a c gYb\cfž fYZcf, U U^bYWgg]XUXY^XU^Yga c^U^Y^XU^Wf]XUXY"

A i]hUg j YnYg YghU Yga c^U b~c gYfz Ya Ygd^fWYz Ya dUdY^ Y a cYXUgza Ug g]a Ya [YbYfcg]XUXY. Ybg]bUf c] [bcfUbhYz Wtff] [jf c YffUXcz U^ XUf c df[h]a c UhfUj fg XY i a WtbgY^ \c^ci ^Vca ^YI Ya d^c"

O jejum e a penitência

5 df]j U, ~c XY U [c dcf XYW]g~c df[h]f]U hcfbU U j cbhUXY a U]g ZcfhYz c]bhY^Wtc a U]g U [i , UXc" C ^Y^ a b~c dfYW]gU gYf g[EXY U^]a Ybhcgza Ug hUa Vfa XY \zV]hcg XYgcfXYbUXcg" 9ghYg dcXYa b~c gYf X]fYhUa YbhY i a dYWUXcz a Ug hcfbUa c \ca Ya gi gWdhj Y^ U cZYbXYf^U^8 Yi g^ei UbXc Zcf^a U]g YgdYW]U^a YbhY^dfcj UXc"



I a XY^Yg f ^Yj UbhUf!gY hUfXY XU Wla U fUei] b~c gY ^Yj U Ya WtbhU hfUVU^UXcfYg bchi fbcgž ci Uh]j]XUXYg a i]hc Yi Ui gh]j Ugž ci gY^Uz fYU]g bYWgg]XUXYg^" 7cbhU!gY bUGU [fUXU 9gW]hi fUei YžYbei Ubhc hcXcg YghUj Ua Ya ; i YffUz^8 Uj]^a Ubh]b^U!gY^bc^DU^zWc"

5c ^Yj UbhUf!gY hUfXYž ei UbXc c gc^ ž gY di b^Uz^Y^Y Zc] dUggYUf dY^c hYffU, c Y j]i 6YhgUVf]U U VUb^Uf!gY" A UbXci ei Y U Vi gWUggYa Y gY XY]hci Wta Y^U" 9 Ugg]a W] 8 Uj]žc ^ ghcžc^dfca Yh]Xc^XY^8 Yi gždcf^i a ^a Ui ^\zV]hc"

C ^Y^ a hYa]ghc Ya j]ghU. df]j Uf c gYf \i a Ubc XY U [c Vca ž dUfUz ei UbXc Zcf hYbhUXcz WtbgY [i]f^df]j Uf!gY^XY^U^ [c^a U"

Ci hfc ZUhf gi dYfYgh]a UXc bc a i bXc Uhi U^ f Ugu^XY" 7cgh] a Y]fUa YbhY gY X]n. ÍGY

5 f h] [c g

8 Yi ga Y XYf gU• XYž dUfU a]a VUghUf " =bZY`na YbhYž U gU• XY XY U`a Už U di fYnU XY WčfU, ~c f`XY]I UXU`XY`UXc`dY`cg`]XCEUhfUg`XU`gU• XY"

=ghc b~c ei Yf X]nYf ei Y gY XYj Y dUfUf XY W a df]f dfYgW], " Yga fX]WUgci XY]I Uf XY hca Uf fYa fX]c/b~c f c WčbgY`c XU GUbhU =[fY`U" 9`U U`YfhU c YI U[YfUXc W]XUXc Wča U gU• XYžei Y`hcfbU`c`gYf`i a Ubc`Y[c`ghU`Y`dci Wč`UVYfhc`{ g`b`YWgg]XUXYg`Xcg`ci hfcg"

: UnYf dYb]h.bWU hUa Vfa Wčbg]ghY Ya a cfh]Z]WUf U WUfbYž c Wčfdcž Wč`cWUbxci c bc gYi XYj]Xc`i [Uf" C gYf`i a Ubc`f`]bhY`][.bWUžj cbhUXY Y gYbg]V`]XUXYž Y YghU`YfUfei]U XYj Y!gY a UbhYf Ugg]a " Dcf]ggcž XY]I Uf XY ZUnYf a Ub]Ug Y df]j Uf!gY XY Wfhcg gi dffZi cg f c`U`j c`XU`dYb]h.bWU"

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